



From the Head of Campus

Dear Parents and Guardians

Life Education – Appreciating Human Life

During the last two weeks, the Life Education caravan has been at the Junior Campus and every boy has attended lessons over a two-week period. Life Education is a non-profit organisation, who teach health to approximately 245,000 primary and intermediate school children throughout New Zealand each year. They go into schools by invitation, not by right, and the programme is coordinated between what topics we as a school want covered with 'our boys' while also being linked to the national Health curriculum. Life Education has been coming to the Junior Campus for twenty plus years and even after all this time, their programme continues to be relevant, student centred and offers a mode of delivery which thoroughly engages the boys from Year 5 to Year 8. After all, how could 'our boys' not be engaged in a star-covered ceiling caravan with loud, audio-visual gadgetry, and a talking giraffe! And while this might sound a little frivolous and gimmicky, significantly important health related topics are covered in detail. Life Education registered teacher, Nicole Founa, achieves a balance between not frightening students, and being appropriately hard-hitting about key health issues which 'our boys' need to have an understanding and sensitivity about. Life Education philosophy focuses on creating a sensitivity to values which lead to an understanding and appreciation of human life. This enables 'our boys' to hopefully make decisions about any negative influences that might impede the development of their fullest potential. Topics cover facts about alcohol and drugs, including the physical, social and behavioural impacts of alcohol.

Please discuss with your boys what they learned and discovered from the two weeks Life Education were here. For your interest, here are the broad themes and specific topics covered for the various year groups.

Year 5:	Healthy Food and Drinks
Year 6:	Keeping Safe
Year 7&8:	Relationships and Boundaries

Within these broad themes, specific topics also included dealing with stress, smoking, peer pressure, sugar, digital safety and body systems. They all centre around making good choices.

Actions and Consequences

In keeping with making 'good choices', recent events in the world of cricket involving ball tampering, effectively cheating, are a timely reminder that poor choices have significant consequences. It is also an example of the importance of integrity and respect. For the cricketers involved, the consequences of their actions have been:

- team, family and personal stress
- reputation tarnished
- financial implications.

At Dilworth, we try our very best to instill in the boys that poor choices or actions have consequences which can be far-reaching. It is a message we convey, with examples, to the boys on a regular basis. I spoke to the boys at our recent Friday assembly about the importance of understanding for every action there is a consequence. I used the recent cricketing events in South Africa as an example. For a young person, grasping this challenging concept fully and as early as possible is essential. It will go a significant way to facilitate emotional learning and well-being.

Peter Vos

Founders' Assembly
9 March



KCC Outing to Lake Wainamu recently



Left: The new swimming pool now fully operational.

Below: Some of the tutors with their Water Safety Certificates presented during school assembly recently.



Swimming Sports Day Friday 16 March

Results:

Year 5 1st Vilisoni Ahovel
2nd Jack Olson-Carsons
3rd Jole Watkins

Year 6 1st Henry Kwon
2nd Tamati Schaumkel
3rd Alex Bennyworth

Year 7 1st Clark Toatelegese
2nd Awaroa Carnachan
3rd Quinton Roderick

Year 8 1st Shawn Kwon
2nd Harry Liu
3rd Mukai Duder-Hura

House 1st Tyrone
2nd Armagh
3rd Dungannon
4th Donegal



Year 5



Year 6



Year 7



Year 8



Rotoroa Island

On Tuesday 13 March, 8M and half of 8S hopped on a bus and travelled to downtown Auckland. When we got there we did our biosecurity check and then took a 75-minute ferry trip to Rotoroa Island.

When we arrived at the island, a lady had slipped down the stairs and broken her tailbone so we had to wait to be safely dismounted from the boat.

When our group moved onto the wharf we stopped to be told by Fraser, our leader, where we were going, and what we were doing. As we turned to go, a few boys' hats flew off their heads in the strong wind and went into the water.

When we arrived at our destination we were told that it was called the 'learning area'. In the learning area we watched a slideshow about pests and learnt about the ways that DOC uses traps and poisons to kill the pests. After we watched the slideshow we were given a milkbottle lolly to bite on to see what kind of different teeth we all had, whether it was a possum bite or a rat bite. After we finished that activity we split up into two groups.

My group stayed with Fraser in the learning area, and learnt how to recognise the codes on bird bands and how to use a GPS. We did activities like using the GPS to track down bits of information in trees and to find the locations of where animals live. After we finished our activities we walked to Lady's Bay to eat lunch. Lunch was nice. We had two sandwiches, two pieces of fruit and some crackers.

After we finished lunch we switched groups. My group went with Eba on a walk around the hills and we stopped off at points to learn about the pests, animals and houses they had made for the birds.

At the end of our walk we stopped to watch 1% of Takahe in the world. Not many boys realised how rare the moment was. I then gave a speech and the school did the Haka.

I would love to go back to the island in the future to see how well it has developed as a pest-free island.

Finlay Edwards 8M



Open Morning
Friday 23 March



House Haka Competition
Thursday 29 March



Tyrone - Winning House



Armagh



Donegal



Dungannon

Kapa Haka Competition

Inspirational, aspirational and child friendly best sum up this year's annual Kapa Haka competition.

Over the term all new boys had been taught, especially Year 7 at Camp MERC by Mr Langatuki, and all old boys refreshed by Maori studies teacher and MC on the day, Mr De Berry.

With a full practice schedule and a 'walk-through' the boys were ready.

Much to their surprise, and to the delight of the admittedly rather small audience of committed parents and guardians, the Senior Campus Kapa Haka ably instructed by Mr King, came and performed three items and a haka. Their performance was inspired and we could see how much they deserved the awards they won at Polyfest 2018.

The 'older brothers' showed the current boys what they could aspire to. Enthralled would be the best description and it showed when it was the boys' turn to perform.

The Pasifika group, ably instructed by Mr Ryan, then put on several items and their energy and enthusiasm could not be faulted.

None of us want to be the judges and after these performances, it is understood why. Only technical details outlined by judge Mr King saw Tyrone narrowly win after four amazing haka from 174 committed boys, all ably led by their leaders.

The winning leaders were the Dungannon pair of Denzel Sands and Taufa Talanoa.

The staff is to be thanked for helping their houses be prepared for this outstanding event giving up a half-day of class time to help the boys achieve what the boys did is to be applauded.

Many thanks go to Mr De Berry in particular for his commitment to the cause. His understanding of Maori tikanga made this a most worthwhile and culturally significant event in the life of the Junior Campus.

Robin Smith
Deputy Head

Mt Hobson Road Relay

For the first time Dilworth Junior Campus entered a Year 7 and Year 8 team in the Mt Hobson Road Relay Classic run. Each team consisted of four runners who each had to run a 2km loop up and around Mt Hobson.

The teams were:

Year 7 Jack Aitkenhead
 Kiowa Beukman
 Max Swain
 Dee Te Wao

Year 8 Jordan Carte
 Shawn Kwon
 Ikahui Mahe
 Rico Oliver

Stuart Selby
PE & Sports



Pastoral Care

I want to focus today on anxiety or worry and how it can show itself as anger.

I often talk with our students about the 'anger iceberg'. Part of an iceberg is seen above the sea but most of it is below out of sight. In the same way anger is what we see but there are other feelings underneath. One of those feelings, which is often hard to recognise, is anxiety or worry. In adolescence especially there are many worries that can express themselves as anger.

A certain level of anxiety is normal – exams are looming, or a family member is hospitalised. We can usually recognise these triggers and be more understanding of our boy's outbursts and bad temper. But there are other triggers which are not so easily spotted. Your boy might be anxiously asking himself, 'do I look good, will I make a fool of myself in front of my mates, will I be seen as a nerd if I work too hard' etc and these worries can get expressed as anger.

What do we do when our boy is angry and we wonder if there is anxiety hidden underneath? Establish a routine for him to calm down and then quietly question him about what is worrying him. It will be hard to start with but if he can say what's troubling him without being judged, that will be an important step in helping him to settle his emotions. I'm making it sound simple and I know from experience that it is not. However I encourage you to give it a try.

Warm wishes

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From the Chaplain

The American Civil Rights activist Grady Poulard had a passion for philosophy and religion. A pastor during a turbulent time in American history, Poulard recognised that the measure of a person runs deep within their being. He offers some reflections in this poem:

The measure of a man is not determined by his
show of outward strength
Or by the volume of his voice
Or by the thunder of his actions
Or of his intellect or academic abilities

It is seen rather in terms of the love that he has
for his family and for everyone
The strengths of his commitments
The genuineness of his friendships
The sincerity of his purpose
The quiet courage of his convictions

The fun, laughter, joy and happiness he gives to
his family and to others
His love of life
His patience and his honesty
And his contentment with what he has.

Jesus challenges us to live with such authenticity. Love in action is the genuine measure of a person. God calls us to love Him with all our heart, soul, mind and strength. If we love God like this, authentic love for others will naturally follow (Matt.22:37-8).

Rev Greg Worboys

From the Boarding Houses

We would ask for your support in the following important areas:

- Ensure you boy's toilet bag is brought back to school fully replenished with toothpaste and toothbrush, deodorant, shampoo and comb etc.
- Replenish you boy's pencil case with the basics, such as pens and pencils, rubbers etc.
- Provide your boy with a drink bottle and ensure he has the correct gear for winter sport. A list of gear was emailed to you last week.
- Finally, it is vital that parents and guardians are contactable. Recently, boarding house staff indicated having great difficulty making contact with some parents. Needless-to-say, we must be able to make contact quickly if a boy requires hospital treatment or there is some other emergency. Please ensure your contact details are accurate and up-to-date.

Senior Campus Production

The school production of *Urinetown!*, produced with Diocesan and staged by Dilworth, is taking place between Sunday 8 and Wednesday 11 April. This is being held off-site at the Raye Freedman Centre at Epsom Girls. Tickets are available from iticket.co.nz with tickets being \$20 for adults and \$15 for school students with ID. Current Dilworth students can buy tickets at the Senior Campus school office for \$6.00.

This newsletter can be viewed on the Dilworth Website www.dilworth.school.nz

Important Upcoming Events

- **Sunday 8 April**
Gibson House Chapel Service 6.45 pm
Gibson House Check in 6.00-6.30 pm
Other Houses Check in 7.00-7.30 pm
- **Friday 13 April**
ANZAC Observance
at Senior Campus 11.30 am
End of Term Exeat 1.00 pm
- **Monday 30 April**
Roll Call / Check In 7.00-7.30 pm
- **Sunday 6 May**
Chapel Service 6.45 pm
- **Sunday 13 May**
Chapel Service 6.45 pm
- **Sunday 20 May**
Conolly House Chapel Service 6.45 pm
- **Sunday 27 May**
Chapel Service 6.45 pm
Year 8 Rural Campus
Information Evening 5.30-6.30 pm
(Before Chapel Service)
- **Friday 1 June**
Exeat for Mid Term Break 12.00 pm
(Queen's Birthday Weekend)

Keep up to date

Don't forget to follow us on Facebook to see what's been happening across the Dilworth campuses. You can find us at www.facebook.com/DilworthSchoolNZ/